

An email message of support from Mayor Bob Chiarelli:

October 7, 2005

“A wealth of research shows the emotional and social benefits of children and teens having strong, positive connections with their parents--and that means time together, ” says Mayor Chiarelli. “Eating dinner together gives families a venue to open the doors of communication; it is a great way to start talking, and perhaps more importantly, a great way for parents to listen and respond to the changing desire and needs of their children. By participating in National Family Dinner Night Ottawa residents can foster a positive spirit of communication within their families. As Mayor I encourage all of you to sit down together and talk. I can’t wait to sit down with my girls and welcome my new granddaughter into our tradition of lively and entertaining discussions.”

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